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Cover photo by Sandy McDougall. Blooming in all of its glory, this phacelia plant is part of a Green Cover Seed pollinator mix designed for Fraserland Farms in Delta, British Columbia. The bees love our pollinator mixes and so do our customers!

As farmers and ranchers who make our living from the abundant resources that God has blessed us with, we should be the most adamant and passionate conservationists in the country. Not only do our current and future livelihoods depend on healthy functioning soils and ecosystems, but God has charged us with caring for His creation. Adam, the first farmer, was directed by his Creator to care for and protect the soil. At Green Cover Seed, we believe that we still have this responsibility, and we are called to take the additional step of rebuilding and regenerating our soils.

This Soil Health Resource Guide is dedicated to that end. We acknowledge our own limited knowledge and experience, so we have invited some of the best minds in the Regenerative Agriculture movement to share their valuable expertise and insights for the benefit of all. For some, this Guide may be a reinforcement for what they already know; to others, it may be the first step in the journey towards healthier soils. This is by no means an exhaustive resource in soil health, but rather it is intended to be a concise and simple summary of the big concepts and a gateway to deeper learning and explanations in other formats. Think of this Guide as a number of seeds that can sprout and grow into deeper understanding if you will but plant them.

You will notice that many of the articles in this Guide are summaries. The full article, supporting video, and presentations are easily searchable on our website:

www.greencoverseed.com

"Then the Lord God took the man and put him into the garden of Eden to tend and keep it (the soil)."

Genesis 2:15

We invite you to do your due diligence and further explore any or all of the topics that we will touch on in this Soil Health Resource Guide.

When Brian and I founded Green Cover Seed in 2009, we made a commitment to educate as many people as possible about soil health and provide as many tools and

resources as we could to make it possible for farmers and ranchers to restore and regenerate their soils. This Guide is one of those tools. We would be glad to hear your comments and feedback on this Guide and we will provide additional copies upon request.

Kurt D. Berna



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